Wassailing!

On a cold and drizzly Saturday afternoon a good crowd came by to join an old English celebration in the Greenway Orchard. ‘Wassail’ means ‘good health’ and wassailing is a way of... Continued on page 5

Bloomin’ Plaistow

Spring is well sprung so it’s that time of year when the green-fingered among us begin to plant up our gardens, window-boxes and hanging baskets. Even those of us who’re not growers, or just don’t have the time or inclination for the green stuff, appreciate how much nicer our streets look when neighbours’ front gardens/yards are blooming with flowers.

Now in its third year, the 2018 Bloomin’ Plaistow awards will take place in July, with nominations accepted during May and June. This year there’ll be three categories for entries – “hanging basket(s)”, “window box(es)” and “garden”. You can nominate your own, a neighbour’s or any address in the PSBL area (see map on back page) in one, two, or all three categories.

We’ll be around the area in the last week of June, taking photos of all nominated “bloomings” and notifying the householders. Judging will be done by the PSBL Steering Group early in July with the awards taking place in mid-July at a special PSBL “Open Forum” event and celebration.

Nominations, giving the address and category/ies (basket/box/garden) should be with info@plaistowsouthbiglocal.org.uk by Saturday 23rd June. We’ll remind you in our Summer newsletter which will go out at the end of May/early June.

Plaistow festival

After last year’s dampened though splendid July event in Plaistow Park, the 2nd Plaistow Festival is going to be a grander affair. Events and activities are taking place locally over the extended week of 16th-23rd June, culminating in the Plaistow Park family fun-day, with an integral Plaistow Youth Market.

The Festival is a partnership led by PSBL and Newham Council, involving as many local venues, organisations and people as possible. If you’re involved with a local community space, school or club, why not ask how they are getting involved?

For the Park on 23rd June, we’re now looking for local talent to perform on the stage, community stall-holders, and food stalls. Get in touch if that could be you!

Contact info@plaistowsouthbiglocal.org.uk if you’re a potential performer, or want a PYM stall, or Andrew.DeHeer@newham.gov.uk if you’re interested in running a community stall/activity

www.plaistowsouthbiglocal.org.uk
## Update on our 2017-2020 Plan

### Celebrating People & Places

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<thead>
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<th>Project Name</th>
<th>Description &amp; Status</th>
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<tr>
<td><strong>“Local History”</strong></td>
<td>Our “Growing Up In Plaistow” exhibition is available to borrow for local venues and events. Website and app running. ECH ‘nurses’ project underway to mark the 70th anniv. of the NHS in 2018. First 3 nominations made for commemorative plaque sites. History walks planned for Festival week. History Task Group is meeting.</td>
</tr>
<tr>
<td><strong>“Community Arts”</strong></td>
<td>Glen Road Community mural is up—supplementary works planned; looking to develop and part-fund arts-based initiatives including installation(s) on The Greenway, an arts trail, graffiti wall, and children’s/youth projects to supplement local schools’ art curriculum. Arts Task Group is meeting.</td>
</tr>
<tr>
<td><strong>“Plaistow Streets”</strong></td>
<td>“Bloomin’ Plaistow” 2018 competition planned for June-July; Support residents’ projects - £1500 available to YOUR STREET/BLOCK NOW - get in touch! Liaise with LBN re Play Streets, &amp; more effectively tackling street fly-tipping; Nominate your local hotspot for a Spring clean litter pick in 2018? Ongoing promotion of “Love where you live” poster to highlight littering issue. 2nd annual Plaistow Festival event planned for 16th-23rd June —be part of it! - see front page.</td>
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### Greening Plaistow

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<th>Project Name</th>
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<tr>
<td><strong>“The Greenway”</strong></td>
<td>Improving access and use of the Greenway - supporting LBN works &amp; plans - underway! - see back page.</td>
</tr>
<tr>
<td><strong>“Green Spaces”</strong></td>
<td>2 part-time Community Workers recruited to progress green space/wildlife initiatives - including the Greenway orchard, supporting residents to improve run-down spaces - working with new resident groups’ projects - £2500 plus volunteer team available for your green space NOW—get in touch! Gardening club started. Considering a teachers’ pack to assist with exploring the Greenway. See pages 3-5</td>
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### Money Issues

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<th>Project Name</th>
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<tr>
<td><strong>“Credit Union Access”</strong></td>
<td>Promoting Credit Union use in south Plaistow—Money A+E project funded until Mar 2020 see p.11</td>
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<tr>
<td><strong>“Advice &amp; Support”</strong></td>
<td>Money management &amp; debt advice—Money A+E project funded until Mar 2020—see p.10</td>
</tr>
<tr>
<td><strong>“Training Champions &amp; Mentors”</strong></td>
<td>Local people trained to signpost and guide others—Money A+E project funded until Mar 2020—see p.10</td>
</tr>
<tr>
<td><strong>“School Savers”</strong></td>
<td>Develop savers scheme at a local Primary School—shelved. School Mentors training instead.</td>
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### Older People’s Needs

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<tr>
<th>Project Name</th>
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<tr>
<td><strong>“Outreach to Isolated Older People”</strong></td>
<td>Evaluation of the 2016-17 ‘buddying’ project &amp; concurrent feasibility study planned to id effective ways to provide support to socially isolated older people; Fund local organisations to run social activities such as social nights or outings for all, activities targeted just for women or primarily for men (e.g. dominos/music sharing), etc. Funding for activities available to local groups — get in touch!</td>
</tr>
<tr>
<td><strong>“ICT Classes”</strong></td>
<td>Support development and operation of IT classes for older people linked to local schools’ or youth project volunteers. Funding for local provision available — get in touch!</td>
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### Young Enterprise

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<th>Project Name</th>
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<tr>
<td><strong>“Plaistow Youth Market”</strong></td>
<td>Young people’s market—3 run in 2017; 6 planned for 2018 —sustainability models being worked on - see pages 8-9</td>
</tr>
<tr>
<td><strong>“Building Skills, Engagement &amp; Enterprise”</strong></td>
<td>Support, training and skills development through Youth Enterprise Worker; training and support available - (contact Lora on 074 0561 1338 for details)</td>
</tr>
<tr>
<td><strong>“Young People’s Forum”</strong></td>
<td>Forum to shape and steer youth activities in Plaistow, with match-funding of their projects - under discussion.</td>
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### Supporting Local Action

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<th>Project Name</th>
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<tr>
<td><strong>“Supporting Local Action Fund”</strong></td>
<td>Small grants to local groups—two grants made in 2017—3 applications pending - up to £2500 each available throughout 2018; training and support to local groups; small donations to local causes.</td>
</tr>
<tr>
<td><strong>“Community Hub”</strong></td>
<td>Feasibility study and potential investment in re-developing REIN and/or The Mix as a community hub resource - feasibility study brief at draft stage.</td>
</tr>
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</table>
**Plaistow Coppers Cop Car, Cannabis & Card Crooks**

*Sgt David Bodger reports:* Whilst still maintaining local police officers with local knowledge, the team including Police Community Support officers from Plaistow Safer Neighbourhood Team have, in the last few months, successfully closed down a cannabis factory with over £200,000 worth of cannabis plants and equipment inside. In addition, officers have successfully located and arrested a male who was returning to the UK to face an allegation of theft of a £20,000 vehicle. Another high value stolen Range Rover of £34,000 was recovered within hours of taking and restored to the owner. That investigation is ongoing.

Officers continue to carry out joint patrols with Council Enforcement officers, targeting anti-social behaviour and fly tipping. Operation Blacktail – an anti-robbery initiative protecting victims and potential victims using the transport network has proved successful. Residents are being advised of distraction thefts occurring near to cash machines. Plaistow Safer Neighbourhood Team works with the Neighbourhood tasking team and wider Newham Police Officers.

Residents are always invited to Ward Panel meetings as well as to participate in the proven tactics of pre-emptive ‘Weapon Sweeps’ in an attempt to reduce knife crime and specifically young people carrying and being injured by knives.

You can use Our MPS website and follow us on Twitter - or, best of all, say “Hello” to any patrolling officer and ask about “Coffee with a Copper”.

Follow us on twitter - mps@PlaistowSouth or the MPS website.

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**Save Our Statue Campaign**

It’s a long time since West Ham players won the World Cup for England! But the “Champions” statue has marked that event since its installation in 2003 near the historic home of West Ham Utd, at the Boleyn. But since the club moved to Stratford they’ve been trying to move the statue with them. Many locals think the statue should stay where it is. It’s a local landmark, over half paid for by public money, and maintained by Newham Council. West Ham was at the heart of this area and our community for over one hundred years. There’s also a campaign to get the statue listed as a legacy to commemorate this history.

Will you sign the petitions?


https://www.change.org/p/historic-england-save-our-statue-let-s-get-it-listed

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**Bike from Boleyn Campaign**

Bike from Boleyn campaign is an initiative to keep links alive between Boleyn and WHU in Stratford. They organise two mass cycle rides a season to the game with some free tickets available through a draw for riders to go to the game.

The next ride is 14th April - WHU v Stoke. The BfB campaign would welcome more Plaistow South Big Local residents joining them for the ride and helping to keep the memory of WHU in Boleyn alive. https://www.eventbrite.co.uk/e/bike-from-boleyn-tickets-43056563340

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**Help Feed Local People in Crisis**

Please donate an item or two — e.g. tinned food, cereals, UHT milk, tea bags/instant coffee, rice, pasta, snack bars.

Drop your donation in at Rehoboth Church, c/o REIN, 478 Barking Road E13 8QB

open on Saturdays 9-11am or tel 079 5161 2405

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**Plaistow South Big Local newsleer**

Plaistow South Big Local newsletter

Issue No.14 - Spring 2018
**GREENING & STREETS**

**Egham Road residents show plants some love!**

In just a couple of hours Egham Road residents transformed their planter from overgrown and a bit scruffy to tidy, beautiful, healthy and ready for more plants. Six families helped out including the children of course.

Resident Joanita said “I was involved when the planter was put in. I really wanted to get some of the scruffy and overgrown plants out. I think some small rose bushes will look nice. We can keep an eye and make sure it is well kept from now on.”

Kenisha, another resident commented “It’s great to see the children out playing on the green. I organise a children’s event each year and invite everyone because it’s such a big space.”

The main team of 4 putting in the hard work on the cold February afternoon were Joanita and Mary who had both been involved when PSBL commissioned the planters in 2016, joined by Saman and Franco (both newer families) with help from the children.

It was good to hear that the grass is regularly cut to keep the green under control – a task shared by Saman and Ben. While the planter was being tidied up, topped up with compost and beautiful spring flower planted, the children were able to chalk, paint, play badminton and run around. Neighbours were able to meet each other, some for the first time, and to realise that they all want the planter and their shared green to be beautiful and well kept.

Organisers Ros and Milena commented: “This was a successful day. We can always support Egham Road residents with resources and help but success, for us, is residents taking charge. This seems to have been achieved today.”

Residents of Plaistow South – if you have a space for plants or planters, do get in touch and we can help you make your patch beautiful.

**Gardening, Growing and Greening Club**

From small beginnings in October 2017, PSBL’s GGG club has met regularly since, and hosted quite a few interesting free workshops for local residents.

We had two *Festive Wreath-making workshops* in December - the morning one was very popular, so much so that we nearly ran out of pine branches. We had a good laugh and the atmosphere was one of festive spirit and togetherness. Some of the locals decided to just decorate branches as they are, as they had a lovely tree-like shape. Others went ‘the whole log’ (pun intended) and created beautiful, lush wreaths with various greenery and festive decoration, that ended up adorning front doors around Plaistow.

We also did a *Festive decorations workshop*, creating hangings and twig stars using wool and sticks following week-after, lots of fun to be had, and happy attendees taking home some beautiful creations. It was amazing to see how many crafty, talented Plaistow-vians there are.

Having reduced the Gardening Club gatherings to twice monthly in the new year, we focused on arty workshops we can do indoors. In January we held a *‘Flower Hammering’* workshop, whereby we printed plants and flowers onto a watercolour paper, with some stunning results.

We also tried a *‘Spirulina Power ball’* recipe, and made delicious raw snacks that require no cooking, and are a perfect choice of snack for a busy gardener!

We have plenty more exciting workshops in the pipeline, plus visits to established community gardens in other parts of Newham, as well as a possibility of adopting a planter or two in Greenway Orchard and starting the outdoor growing season! Contact Milena on 073 8840 6499 – or email milena@plaistowsouthbiglocal.org.uk
GREENING & STREETS

Secret garden!

We’ve discovered a secret garden! A beautiful space for gardening and growing.

Over the past few months, we’ve been meeting with NewVIc students on the ‘My World My Home’ course run by Friends of the Earth. The students have been working on a project to create greener spaces in the college for relaxation, mental wellbeing and growing. All this led to a fabulous meeting facilitated by the students, with Eddie Playfair the College Principal and other staff members to look at the potential to use the lovely space and empty raised beds at the back of the College for growing.

One very exciting outcome of the meeting was that the Principal revealed that there is a secret garden area that can quite easily be made available for community use! It’s in the front of NewVIc so is easily accessible. It’s a large area, it’s behind bushes (secret!) and it would be quite easy to just get growing there!

We have already identified 3 keen gardeners in nearby Brock Road who would soooo love to garden there! If you are interested too, please get in touch.

Wassailing (continued from front page)

wishing the fruit trees good health for an abundant harvest. Our ingredients for a family nature experience were a tour of the Orchard, a noisy procession, singing a simple wassail song, tree dressing, a fire pit with marshmallows, and some delicious home-baked apple pies. An unexpected extra was a make-believe tea party with all sorts of food to eat made from the soil in the raised beds!

This was the wassail song: “Old faithful apple tree, we have come to wassail thee, will you bear some fruit for me, when the season changes?”

No one attending had been in the Orchard before, and there was lots of interest. Two of the families actually look out over the Orchard from their windows!

Some of the comments: “that was fun!” “I’ve never had toasted marshmallows before” “these monkey nuts are now my favourite food” “really interesting tour” “the apple trees look beautiful” “best apple cake I’ve ever tasted!” “the Orchard is a wonderful resource”, “I didn’t know it was here!”

To see the short youtube video:


We will organise another ‘wild nature’ event on 21st June to celebrate the summer solstice.

Don’t forget you can always turn up on Thursdays between 11 and 2 and help out with Jack and others in the Green Gym at the Orchard near Boundary Lane.

Plaistow Outdoor Playing - A Coffee, Thinking & Playing morning in Easter Holidays

How can we create more outdoor play and nature/wild play opportunities for Plaistow children?

Let’s plan something for National Play Day on Wednesday 1st August!

Pop along on Thursday 12 April 10.30-12.00 in The Mix, 1a Cumberland Road, E16 8LH

Children can play in The Mix lovely courtyard (bring your toys) or join the meeting. Older folk are very welcome as you will have the memories that we will need for inspiration!

Please do RSVP so that we can gauge numbers. Contact Ros@plaistowsouthbiglocal.org.uk / 07957 534908. More info: www.plaistowsouthbiglocal.org.uk/coffee-morning
Spring Market
April 28th 11am-2pm
Memorial Community Church
395 Barking Road E13 8AL
A range of delicious food, craft, plants and bric-a-brac stalls, also the Bike Dr offering free bicycle maintenance
If you would like a stall please contact Yvonne Fletcher yvonnefletcher20@gmail.com / 07710578424

Plaistow Festival
Sat.16th June - Sat.23rd June
Events & Activities throughout Plaistow
Culminating in Plaistow Park on Saturday 23rd June
Apply to perform, run an event, have a stall now!
(funding available for events)
info@plaistowsouthbiglocal.org.uk
## PSBL’s Legacy?

A recent report outlined what 5 other Big Locals saw as the legacy they want to leave at the end of their 10-year programmes - they coalesced around five main themes: strengthening civil society; bringing the community together; developing residents’ skills and confidence; investing in future generations and; sustaining activities.

Plaistow South Big Local’s Steering Group is starting to think seriously about this too, and wants to hear from YOU.

What do you think we should ‘leave behind’?

E-mail us at info@plaistowsouthbiglocal.org.uk or come along to one of our events and talk to a Steering Group member.

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### Big Local Outcomes

- Communities will be better able to identify local needs and take action in response to them
- People will have increased skills and confidence so that they can continue to identify and respond to local needs in future
- The community will make a difference to the needs it prioritises
- People will feel that their area is an even better place to live

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### Calendar

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<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
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<td></td>
<td>Bloomin’ Plaistow nominations open</td>
<td>11am-12:30 Gardening Club (Mix)</td>
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The Mix Centre is at 1a Cumberland Road, E13 8LH

Check our website calendar for latest details

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**PSBL’s Vision**

- Networking
- Cohesive
- Talented
- Community
- Inspired
- Opportunities
- Inclusive
- Plaistow
- South
- Clean
- Creative
- Confident
- Ethical
- Friendly
- Diverse
- Big Local

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Most of our traders are just enjoying making crafts or running a business but not Zahra - she wanted to raise money to volunteer in Zambia. “I set up my business as I needed to fundraise £800 to volunteer in Zambia for 3 months as part of International Citizen Service (ICS). I was volunteering with Challenges Worldwide who support small and medium sized businesses in developing countries.

As I was going to be volunteering as a Business Consultant, I wanted to 'earn' my £800 rather than just get donations. I set up Christmas Clay as a business selling handmade clay Christmas tree decorations.”

For Zahra, space is her number one requirement. “I needed quite a lot of space available to lay out the decorations so they could dry after each stage so I ended up with trays of decorations all around the house”.

She creates her crafts with clay because it is pretty flexible and easy to use. She also ran African Coil Pot workshops as part of her fundraising so this helped give people of all ages a chance to make something themselves. Zahra’s tip for entrepreneurs is networking - creating and looking out for opportunities to get your product out there.

Her creations are unique and they tend to be more environmentally friendly and that is the reason we love her products.

When we asked how PYM influenced her business, she replied “PYM helped me get more structure for my business and plan better. I also extended the range of designs for decorations. Setting up Christmas Clay helped me to start developing the skills and experience needed to best support a local farm in Zambia.”

How can people connect with you?
Twitter: @ZA_CJ
https://www.volunteerics.org/challenges-worldwide-ics
You can read more about Zahra Clarke by visiting this link: goo.gl/SZL6Aq

Lora Toma
PSBL Youth Enterprise Worker
PYM - from 10 to 2018!

So much has happened with Plaistow Youth Market since our last newsletter. We had our 10th market at NewVic. 18 stalls were allocated from which 11 were led by young people and the total takings topped £1000! We call that a success! A full report is on our website: goo.gl/5G1nNK. It was a great community event and people that participated were vary satisfied with our market.

We decided it was time to review all 10 markets, to reflect on what we have accomplished and rethink the way forward.

The PYM Review, which took place on Sat.17th February, was very successful. We looked back and analysed all that has happened and envisioned the market for the future. A big THANKYOU to everyone that participated, it was a great pleasure to have you all there. From feedback received people everyone had a great time too.

With PSBL’s support we have decided to have 6 markets this year, on the 4th Saturday of each month starting in April. All but one of them will be on the Greenway - the exception being the June PYM which will form part of the Plaistow Festival event in Plaistow Park. Our decision was based on data and feedback from past markets. Traders were having a more successful day on the Greenway as we seem to have more customers while we are outdoors.

So, our first market of 2018 will be on Saturday April 28th 2018 on the Greenway between Barking Road and Prince Regent Lane, from 11am to 3pm. Come along and check out all that the traders have to offer.

Help us do better by sending us your feedback to: lora@plaistowsouthbiglocal.org.uk or visit our Facebook page: https://www.facebook.com/PlaistowYouthMarket/

If you would like to take part, as a trader or a volunteer, please contact us at: lora@plaistowsouthbiglocal.org.uk.

This is a fantastic way to meet new people, gain new skills and have a great time.
MONEY ISSUES

Transforming Lives Through Money Advice & Education

Money Mentors
Train to become a Mentor, receive an ASDAN accredited qualification and help others in the community.

Monique said “I was finding it difficult to manage my rent and bills, so I... was put in touch with my mentor Matilda. It gave me confidence and made me realise that I wasn’t on my own.”

Mentors have helped residents manage over £430,000 worth of debt.

PSBL-funded training at local venues
Phone 0208 616 3750 for info about coming dates

Money Workshops
We enable attendees to enhance their money management skills.

Sabina said “I loved the budgeting sheet that we did. I’ve always wanted to do that for myself for a long time, but I never really had the confidence.”

92% of attendees reported an increase in financial confidence and wellbeing.

PSBL-funded workshops are held at local venues
Phone 0208 616 3750 for info about coming dates

Money Coaches
Our Coaches provide 121 debt, benefits and money guidance sessions to people in the community.

Barbara said “I came out feeling a lot better”.

Beneficiaries received an average increase in income of £5,000.

PSBL-funded confidential advice and support at 30 Avenons Road E13 8HT
Phone 0208 616 3750 to book an appointment

To book a free session contact us today or visit our website www.moneyaande.co.uk for more information on our services.

T: 0208 616 3750
E: info@moneyaande.co.uk
www.moneyaande.co.uk

MONEY ISSUES
Making a Difference to Plaistow People’s Pounds in the Pocket

Dealing with debt or other financial problems is one of the biggest stresses in modern life, often detrimentally affecting our relationships and mental health. PSBL recognised this from the off as a priority for our work and has invested over the last 3 years in our “Money Issues” initiative to help local people get a better grip on their finances. We’ve commissioned Money A+E to give practical advice and support, and also train local adults and students to help their neighbours, friends, family and fellow-students.

Between April 2017 and March 2018 Money Coaches have seen 34 clients living in or using institutions within the Plaistow south area.

40% of those needed support with benefits issues

Universal Credit is bound to increase benefit related queries and money issues.

£70,252 achieved for casework clients
£2,509 Average Yearly Financial Gain

Case Study

Mr E, a 61 year old male, lives alone in supported accommodation and is unable to work due to ill health. He is in receipt of disability and sickness benefits.

Mr E was at risk of eviction due to rent arrears of £4000, and an overdraft of £700. His ill health meant that he struggled to manage his money, and was under pressure to increase payments towards his arrears.

Our Coaches service identified that Mr E was not receiving his full benefit entitlement. He was entitled to an extra premium on his Employment and Support Allowance, though he’d been told by the Jobcentre he wasn’t entitled to anything else. Our adviser wrote to the Jobcentre setting out why he was entitled to the premium.

Mr E received £14,000 in back payment, covering the previous four years, as well as his ongoing Allowance increasing by over £60 per week. This enabled him to pay off his rent arrears avoiding homelessness and to start clearing his overdraft. He has also sought help to give up smoking, to help cut back on his expenditure. He reports to us how much less stressed he feels about his money.

Go to www.moneyaande.co.uk for more information and case studies.

MONEY FOR LOCAL GROUPS

PSBL is offering three kinds of small grant to help local residents and other community groups improve life in south Plaistow.

If you want to improve a green space near you, we can help practically and financially, with up to £2500 and possible additional funding from partner organisations.

We also have up to £1500 for groups of residents to improve their street or common areas. Get in touch if you have an idea or initiative you’d like to discuss!

We’ll help you with the thinking and planning as well as funding.

We also have a small grants programme (Supporting Local Action Fund) to help local groups or organisations address any of the needs in our Priorities (see page 2). Your group doesn’t need to be a constituted organisation. You could be just an informal group of local residents who want to make a positive change on a need or issue.

So far we’ve awarded over £18000 to projects including catering training for young lone parents, youth performances, computer training resources, domestic violence awareness for young Asian women, development of a charity shop, leather goods workshops for young people, and involving girls and young women in sport.

Details of the SLAF application process and the simple form are available from our website:

www.plaistowsouthbiglocal.org.uk/initiatives/supporting-local-action/

or for paper copies email:
info@plaistowsouthbiglocal.org.uk
GREENING & STREETS TASK GROUP

Are you passionate about improving our streets and green spaces? Could you help PSBL plan, promote and deliver its initiatives under our “Greening Plaistow” and “Plaistow Streets” priorities? We need your ideas and energy!

Get in touch to join our Task Group.

What is PSBL?

South Plaistow is one of 150 areas selected by the Big Lottery to receive funds from a £200 million, 10-year programme to ensure lottery ‘good causes’ money is fairly distributed.

Plaistow South Big Local is an independent community initiative, led by residents, working to bringing together all the local talent, ambitions, skills and energy from individuals, groups and organisations who want to make the area an even better place to live.

We have over £1 million to spend — and loads of other resources to draw on!

We are now entering Year 4 of our programme, aiming to make a significant and lasting positive difference to our community.

JOIN US to make that difference!

PSBL is being supported by Local Trust, which is working with the Big Lottery Fund and a range of partners providing expert advice and support for residents, and locally by Rights & Equalities In Newham (REIN).

Greenway Developments - PSBL Forum

Want to find out what Newham Council has in store for the Greenway? There are proposals and plans for significant improvements on top of the extended opening hours enabled by the new lighting and CCTV coverage - including new cycle access points and fitness installations.

“Open Forum”

6:30-8pm on Thursday 26th April
at The Mix, 1a Cumberland Road, E13 8LH

LBN’s lead officer Richard Wadey will present plans and listen to residents’ views.

VOLUNTEER WITH

Making all this PSBL stuff happen relies on teams of volunteers! We’re always looking for new people to help with our initiatives.

Do you have experience of community work, grants management or monitoring, evaluation, events management, social media campaigning and marketing, facilities management, fundraising, running workshops or training or advice services, project management or art activity facilitation?

Could you join us in planning or running the Plaistow Youth Market or Plaistow Festival, helping in our green spaces or arts projects, promoting our Money Issues initiatives, managing our grants programmes, improving our use of social media, or anything else? Give us a call or email for a chat about where you might volunteer (see below).

Our newsletter comes out just 4 times a year - if you’d like to keep more up to date with news and opportunities in south Plaistow, join our “Forum” email list. We send a couple of emails each month - you can sign-up here: http://bit.ly/-PSBL-signup

GET IN WITH PSBL

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020 7473 5349 / 079 2010 1740
c/o REIN, 478 Barking Road, E13 8QB

Together anything is PoSsiBLe!