

Anything is POSSIBLE
with



Plaistow South Big Local

Issue No 7 — Spring 2016

Bloomin' Plaistow

Competition 2016

Summer is coming. Get creative, make your front garden, yard, or window-box display beautiful and enter the **Bloomin' Plaistow Competition 2016**.

Three prizes, in the form of B&Q vouchers, will be awarded to the most colourful, beautiful and creative front gardens: **£150** for 1st place, **£100** for 2nd place and **£50** for 3rd place.

Get your front garden ready and be in with a chance to win. All front gardens/yards/window space in the PSBL area (see map and street list on our website -

<http://www.plaistowsouthbiglocal.org.uk/wp-content/uploads/2014/05/PSBL-streets-list.pdf>),

whether big or small, are eligible to enter. As the days get warmer and sunnier, be inspired to brighten-up Plaistow and create a lovely front garden.

You may either enter your own front garden into the

competition, or nominate a beautiful front garden you've seen in south Plaistow.

Enter by emailing the address of the front garden to: info@plaistowsouthbiglocal.co.uk by 15th May 2016.

All entrants will be contacted by PSBL, and judging will take place soon after the competition deadline.

Awards will be made in June.

**Good luck
and let your
garden
Bloom!**



Spring Market

23rd April - 11 to 2:30pm - On the Greenway

Quality hand-made goods produced and sold by young entrepreneurs at London's only youth market



Pastries, hand-made cosmetics, clothing, wristbands, jewellery, candles, cards, glass gifts, cupcakes, hair-bows, jams and more...

Can't make it? Don't worry!
the PYM will be back the 3rd of
September and the 3rd of December

ALL WELCOME - FREE ENTRANCE

For more info contact:

lora@plaistowsouthbiglocal.org.uk



Together anything is POSSIBLE!



Year Two of Our Plan - 2016

PSBL PROJECT UPDATES:



PRIORITY TITLE & PROJECT NAME

DESCRIPTION

&

STATUS

Celebrating People & Places

- "Growing Up In Plaistow" - **oral history project** — Heritage Lottery Fund application successful; one-to-one interviews, group reminiscence sessions, exhibition, app & podcast development - running from **Jan - Dec**
- "Community Arts"
 - **Glen Road mural**—schools & community workshops - **Stage 1 completed; Stage 2 running Apr - Oct**
 - '**Re-imagining The Greenway**' Primary Schools art project running **Apr - Sept** (Rosetta Arts Centre) - scholarships to be awarded to RAC's 2016 Saturday arts school. '**3D Greenway**' Secondary Schools & Community art project running **Apr - Jul** (Madhumita Bose)
 - '**Plaistow Arts Hub**' - weekly community arts sessions - pilot being planned for **Sept - Oct**
- "Plaistow Streets"
 - supporting residents to improve their streets - awaiting resident groups' requests - **£1500 available to YOUR STREET NOW - get in touch!**
 - "**Bloomin' Plaistow**" Competition running **Apr - Jun** - **NOMINATE SOMEONE NOW (see back page)!**

Greening Plaistow

- "The Greenway" - improving access and use of the Greenway - supporting LBN works & plans - **started!**
- "Orchard Project" - community orchard adjacent to hospital - awaiting partner group plans—**due in 2016**
- "Green Spaces" - supporting residents to improve run-down spaces - **first 'make-over' being planned for June - WATCH THIS SPACE! £2500 plus volunteer team available for your green space NOW—get in touch!**

Money Issues

- "Credit Union access" - promoting Credit Union use in south Plaistow—Money A+E pilot completing soon - **WATCH THIS SPACE**
- "Advice and Support" - money management & debt advice—Money A+E pilot completing soon - **WATCH THIS SPACE**
- "Training Champions" - local people trained to guide others—Money A+E pilot completing soon - **WATCH THIS SPACE**

Older People's Needs

- "ICT classes" - support for agencies running computer classes - classes funded since May 2015
- "Outreach to Isolated OP" - NACRC pilot completed; **main project running Apr 2016 - Mar 2017**; funding for short-term projects available to local groups

Young People/Young Adults

- "Plaistow Youth Market" - young people's market—up and running, **PYMs planned for Sats 23rd April, 3rd Sept, & 3rd Dec**
- "Building Skills, Engagement & Enterprise" - support, training and skills development - **Youth Enterprise Worker started in Mar** - Enterprise Network 1st & 3rd Thursdays 3-6pm at The Mix + Star People Awards available
- "Young People's Forum" - forum to shape and steer activities in Plaistow - **initial Project Team formed - Peer Study Group started**

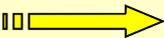
Supporting Local Action

- "Supporting Local Action Fund" - small grants to local groups - five grants approved to date —**further grants of up to £2500 available throughout 2016**. Fundraising Training & Support provided to local groups.



Would you

like to encourage people to
keep Plaistow tidy

by putting an A4 poster like
this 

in your window, or asking a
local shopkeeper or fast
food outlet to put one up
in their premises?

If so, get in touch and we'll
get a laminated poster to
you a.s.a.p.!

Plaistow South Big Local



Please keep Plaistow tidy



www.plaistowsouthbiglocal.org.uk
info@plaistowsouthbiglocal.org.uk

Plaistow South Big Local
@PlaistowSouth

Together anything is **PosSiBLE**



Arts in South Plaistow



PSBL is funding significant arts-based projects in the south Plaistow area.

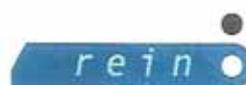
The **Glen Road Mural Project** is into it's second stage - our artist-organiser

Madhumita Bose-Thomas is now working with NewVIC, Cumberland and Brampton Schools, and local youth and community groups to complete sections on the themes of 'Education' and 'Health'. The plan is for the mural to be mounted at the hospital site in October!

Madhumita is also working with NewVIC and secondary schools on a **3D modelling project** related to the Greenway.

At the same time Rosetta Art Centre will be delivering a visual art project and competition titled '**Re-Imagining The Greenway**'. Children from south Plaistow Primary Schools will work with local qualified artists to produce their slice of the Greenway with the only criteria of using their imagination as far as they want to! All models will come together to create one big Greenway which will be displayed for all to see. The models will also be submitted into a competition with the chance to win various art prizes including scholarship places on Rosetta's well known School of Art for Children!

And **Watch This Space** for news about an **Arts Hub** for south Plaistow. We're working with Rosetta Arts and Memorial Community Church with the aim of running a pilot series of sessions for PSBL area residents in the Autumn. An announcement will be made in our Summer newsletter. But contact us now if you want to be kept informed.



Intergenerational ICT project & more for people aged over 55

Date: Every Thursday

Time: 11am-1pm

Location: The Mix 1a,
Cumberland Road, Plaistow
E13 8LH



Want to improve your use of a Mac or PC?

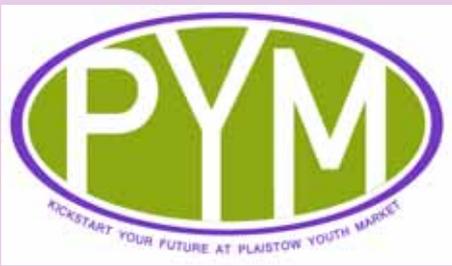
Want to contact friends using Skype, Twitter or Email?

Come along: meet friends, have fun, learning new things!

Work alongside young people!!

Part-funded by





PYM - from an idea to a business

The idea of a market came to life 2 years ago, when the need to

and check out all that we have to offer. We have two more markets this year, a Summer



bring residents together, help young entrepreneurs kick start their business or even bring an idea to life, was identified. Three Markets have come to pass and we have learned so much from them... from small to big problems, we have identified and overcome them with the help of our dedicated and enthusiastic volunteers, young and older, to whom we want to say THANK YOU.



Our main focus is to help the new generation spread their wings and dream big because we believe that **Together, anything is POSSIBLE!**

one on 3rd September also on the Greenway, and a Winter market on 3rd of December at Newham Sixth Form College.



Help us do better by sending your feedback to lora@plaistowsouthbiglocal.org.uk or visit our Facebook page:

<https://www.facebook.com/PlaistowYouthMarket/>

If you want to take part, as a trader or a volunteer, please contact us at:

lora@plaistowsouthbiglocal.org.uk.

You can meet new people, gain new skills and have a great time. ☐

Plaistow Youth Market (PYM) is giving bursaries to young entrepreneurs, to cover part of their expenses, which means that they can make mistakes and learn from them without the fear of losing all of their investment.

PYM is achieving its purpose, bringing our community together and helping our young entrepreneurs experiment with their ideas, but also to overcome their fears and inhibitions.

Our next market will be on Saturday 23rd April on the Greenway between Barking Road and Prince Regent Lane, 11am-2:30pm. Come along



Jewels on the Greenway

Our new Youth Enterprise Worker, Lora Toma, meets Nikky Box, a young jewellery designer from Plaistow

Nikky is one of our star traders at Plaistow Youth Market (PYM). She creates jewellery products with a unique design. Nikky uses a durable material called shrink plastic to create pieces of jewellery. "It is a



great invention and easy to use once you get the hang of it," she says, and it has enabled her to make affordable jewellery and to avoid using laser cutters which can be very expensive.

Nikky describes her style as "cute and quirky." Designer, Katie Abey, is an inspiration for Nikki

who hopes to one day emulate the designer's success in small business.

As a young child Nikky loved to draw and was influenced by her father who had a passion for art. It was at College that Nikky was introduced to the digital tools, Photoshop and Illustrator, that play a big part in how she creates her designs nowadays.



Having grown up in Plaistow, Nikky knows the area well and has lots of friends and family that have supported her venture into business and have encouraged her to continue doing what she loves. "You have to work hard and never give up," Nikky says about building a business.



Nikky's confidence has grown through having her own business which had forced her to meet many new people and to come out of her shell. "I used to be very shy! Now I like to help others and give advice

as much as I can," she reveals. "PYM helped my business grow within my local area. I now have regular customers from Plaistow and East Ham through trading at the PYM events. They would have never known I existed without PYM!"

I love to shop locally and support small businesses like Nikky's. As she puts it, "Shopping small really helps the community. You are buying from someone who will put so much effort and dedication into their work, someone who loves what they are doing."



Connect with Nikky :
www.facebook.com/innaboxdesign

If you have an idea and want to develop it in to a business, contact us at

lora@plaistowsouthbiglocal.org.uk

We provide support sessions every other Thursday but also one on ones for more in depth and customised help for you. ☐

Lora Toma
PSBL Youth
Enterprise Worker



Money Advice sessions

come along to

New City Outreach Centre, New City Road

Tuesdays 1:30 – 3:15 p.m.

19th April, 10th May, 24th May, 7th June, 21st June

Or call to book an appointment:

Greg 07947 080893 or Jerry 07949 186587

E-mail: info@moneyaande.co.uk Web:



If you are passionate about helping people in the community and if you are excited about working with and helping a small social enterprise grow and have a greater impact in the community, then come Volunteer with us!

Social Media Guru

Website designer/developer

Newsletter creator

For more information:

<http://www.moneyaande.co.uk/services/volunteer-wit-us>

or contact: Greg on 07947080893, email: info@moneyaande.co.uk

MAKING GREEN SPACES BETTER

Egham Road nomination

As a resident-led community group, Plaistow South Big Local (PSBL) aims to make exciting improvements to the Plaistow south area, by connecting residents and making effective use of resources to improve the local environment for the benefit and enjoyment of all.

Our *Green Spaces* project focuses on making green spaces in Plaistow South more attractive, appealing and inspiring, by transforming urban residential spaces into green sanctuaries for residents to enjoy.

As part of this project, PSBL is happy to announce that a residential green space in Egham Road was nominated for a make-over! The residents have enthusiastically accepted the nomination and are

continued on back page

The advertisement for MoneyWorks is set against a white background with several colorful circles. At the top left, it says 'funded by Newham London' with a logo. At the top right is the 'MONEYWORKS' logo with the tagline 'Securing you a better deal'. The central text, inside a large pink circle, asks 'Looking to secure great deals on loans and everyday purchases? Visit MoneyWorks at Unit 61-62 Stratford Centre, London E15 1XF'. Below this, a teal circle lists 'Loans', 'Deals', and 'Money Management'. To the right, an orange circle says 'Helping your money work for you'. At the bottom left, it provides the phone number '020 8430 2041' and the website 'www.newhammoneyworks.co.uk'. At the bottom right, there is a pink ribbon graphic with the text 'Mayor of Newham'. Two circular photos show a family and a couple.



Your Local Councillors

Plaistow South Ward Councillors

Councillor Aleen Alarice



Surgery: 2nd and 4th Saturday of the month: 10am-11am
Location: Barking Road Community Centre,
627 Barking Rd, E13 9EZ **Bus. Phone:** 020 3373 7344
Email: Aleen.Alarice@newham.gov.uk

Councillor Ahmed Noor



Surgery: 1st and 3rd Saturday of the month: 9.30-10.30am
Location: Plaistow Library, North Street, E13 9HL
Bus. Phone: 07960 050 425
Email: Ahmed.Noor@newham.gov.uk

Councillor Neil Wilson



Surgery: 3rd and 4th Wednesdays of the month: 6pm-7pm
Location: Barking Road Community Centre
627 Barking road, E13 9EZ **Bus. Phone:** 020 3373 0436
Email: Neil.Wilson@newham.gov.uk



Greenway Improvements Piloted in South Plaistow

After discussions with PSBL over the last 18 months, Newham Council chose one of 'our' stretches of the Greenway to pilot a new lighting and CCTV scheme which, it is proposed, will eventually run the whole length from Stratford to the Thames.

The Council secured funding from Transport for London for the upgrade of the Greenway. The first works will be the pilot installation of lighting and CCTV on the Greenway between Barking Road and Prince Regent Lane.

The primary aims of the upgrade are to:

Improve the safety and security of users and neighbours of the Greenway through the installation of lighting and CCTV.

Improve access to and across the Greenway by providing new and improved ramped access points and gateways.

There will also be secure power outlets to facilitate the Plaistow Youth Market and other community events.

As the Greenway is on top of the Northern Outfall Sewer (NOS), owned

GROWING UP IN PLAISTOW

Do you have a story to tell about Growing up in Plaistow?
Please get in touch.



Plaistow has a rich and powerful history which we would like to share with the wider community. We are looking for people who would like to tell their stories of growing up and living in Plaistow South for an exhibition telling local stories.

Eastside Community Heritage is working in partnership with PSBL, and the project will also train students aged 15-18 from local schools who'll go on to work with ECH in reminiscence sessions with older people, including those in local sheltered housing.

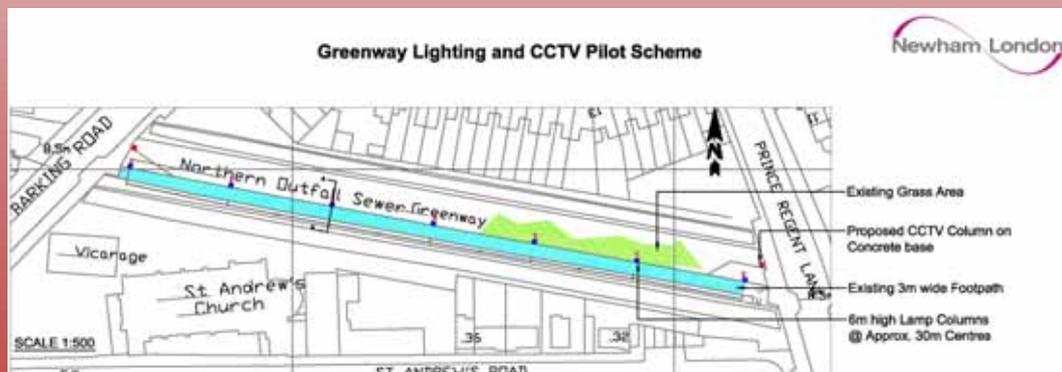
For further information or to share your memories contact joshau@ech.org.uk or kirsty@ech.org.uk or phone 0208 5533116

and managed by Thames Water Utilities, the pilot will allow a technical trial of installing the specific lighting and CCTV columns required for the NOS structure. It will also allow the trialling of light levels (which can be adjusted) to ensure that safety and security can be improved whilst limiting the impact to any neighbouring properties.

A wider consultation is planned to take place soon before further lighting and CCTV is installed on the rest of the Newham Greenway in 2016/17. Designs and works for improvements to the accesses will also follow.

If you have any comments or suggestions regarding this work and/or would like to be kept updated on plans for the Newham Greenway please contact

quietways@newham.gov.uk



Spring Market

Saturday 23rd April

11am—2pm

on the forecourt of the
Memorial Community Church



395 Barking Road
(opposite the Police Station)

*Crafts, cakes,
plants and food
+ visit the
historic bell tower*

Continued from page 6 — **GREEN SPACES**

looking forward to working with PSBL in creating an inspiring outdoor space that everyone can enjoy. Work to the green space will take place during Summer 2016, allowing residents to make the most of the warmer weather in their newly cultivated green space. Look out for the up-dates as the Egham Road Green Space undergoes its make-over.

Green Spaces is an exciting and new initiative in Plaistow South. Get involved. Do you know of an outdoor space that could do with improvement? Get in touch and let us know about it – help us to create a more beautiful south Plaistow. □

MONEY FOR YOUR PROJECT/STREET/GREEN SPACE?

PSBL has a range of funding pockets from which we can give grants to help local residents, groups and organisations improve the community life of south Plaistow.

We have already given out over £10000 in small grants! Do you have a community project or initiative in south Plaistow that needs a bit of cash - it could be as little as £50 or as much as £2500?



Contact us at info@plaistowsouthbiglocal.org.uk for an initial chat. □



**METROPOLITAN
POLICE**

TOTAL POLICING

Join police and council reps to raise and discuss the issues which concern local residents the most in the south Plaistow area

Plaistow South Ward Panel Meeting

7:00p.m. Thursday 14th April

Newham Leisure Centre

All welcome

Tel: 020 8721 2591 PlaistowSouth.snt@met.police.uk



South Plaistow is one of 150 areas selected by the Big Lottery to receive funds from a £200 million 10-year programme to ensure lottery 'good causes' money is fairly distributed.

We have over **£1 million** to spend! And lots of other resources to draw on.

Plaistow South Big Local is about bringing together all the local talent, ambitions, skills and energy from individuals, groups and organisations who want to make the area an even better place to live.

We are now into Year 2 of our 10 year Plan, and aim to make a significant and lasting positive difference to our community. **JOIN US** to make that difference - **Together anything is POSSIBLE!**

Get in with **Plaistow South Big Local**

www.plaistowsouthbiglocal.org.uk

e-mail: info@plaistowsouthbiglocal.org.uk

telephone: 020 7473 5349 / 079 2010 1740



PSBL is being supported by Local Trust, which is working with the Big Lottery Fund and a range of partners providing expert advice and support for residents, and locally by Rights & Equalities In Newham (REIN).

Rights & Equalities In Newham

re in

Local Trust

Big Local



LOTTERY FUNDED