South Plaistow is one of 150 areas selected by the Big Lottery to receive funds from a £200 million 10-year programme to ensure lottery ‘good causes’ money is fairly distributed.

We have over £1 million to spend! And loads of other resources to draw on.

Plaistow South Big Local is an independent community initiative, led by residents, working to bringing together all the local talent, ambitions, skills and energy from individuals, groups and organisations who want to make the area an even better place to live.

We are now in Year 2 of our programme, and aim to make a significant and lasting positive difference to our community.

JOIN US to make that difference!

PSBL is being supported by Local Trust, which is working with the Big Lottery Fund and a range of partners providing expert advice and support for residents, and locally by Rights & Equalities In Newham (REIN).

**INSIDE THIS ISSUE**

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<td>“Growing Up In Plaistow”</td>
<td><strong>Oral history project</strong> - Heritage Lottery Fund application successful; one-to-one interviews, group reminiscence sessions, exhibition, app &amp; podcast development - running from Jan - Nov - (see launch ad on back page).</td>
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| “Community Arts” | **Glen Road mural** - 100 metre long community mural - schools & community workshops - **Stage 1 completed**; Stage 2 running May - Dec - sampler arts trail in Nov (see article on p.5)  
**‘Re-imagining The Greenway’** Primary Schools art project running **Apr - Nov** (Rosetta Arts Centre) - scholarships to be awarded to RAC’s 2016 Saturday arts school.  
**‘3D Greenway’** Secondary Schools & hospital Community art project running **Apr - Oct** (Madhumita Bose) (see article on p.4)  
**‘Plaistow Arts Hub’** - fortnightly community arts sessions - Rosetta Art Centre pilot running **Sept - Dec** - match-funded by Postcode Lottery through Memorial Community Church (see advert on p.5) |
| “Plaistow Streets” | Supporting residents to improve their streets - awaiting resident groups’ requests - **£1500 available to YOUR STREET NOW - get in touch!**  
**“Bloomin’ Plaistow”** 2016 competition ran apr - jun - planning 2017 competition for July now |
| **GREENING PLAISTOW** | |
| “The Greenway” | Improving access and use of the Greenway - supporting LBN works & plans - **started!** |
| “Community Orchard Project” | Community orchard adjacent to hospital - **initial discussions started - watch this space!** |
| “Green Spaces” | Supporting residents to improve run-down spaces - first ‘make-over’ completed (see report on pages 8-9)  
**£2500 plus volunteer team available for your green space NOW - get in touch!** |
| **MONEY ISSUES** | |
| “Credit Union Access” | Promoting Credit Union use in south Plaistow - **Money A+E project funded May 2016 - Apr 2017** - (see info on pages 10-11) |
| “Advice & Support” | Money management & debt advice - **Money A+E project funded May 2016 - Apr 2017** - (see info on pages 10-11) |
| “Training Champions” | Local people trained to guide others - **Money A+E project funded May 2016 - Apr 2017** - (see info on pages 10-11) |
| **OLDER PEOPLE’S NEEDS** | |
| “ICT Classes” | Support for agencies running computer classes - **classes at NACRC & REIN funded since May 2015** - (contact NACRC on 020 8471 2258 or REIN on 020 7473 5349 for latest info) |
| “Outreach to Isolated Older People” | NACRC pilot completed; **main project running Apr 2016 - Mar 2017** - (contact NACRC on 020 8471 2258 for details);  
funding for activities available to local groups - get in touch! |
| **YOUNG PEOPLE & YOUNG ADULTS** | |
| “Plaistow Youth Market” | Young people’s market—up and running, 5 PYMs run- next one planned for Sat 3rd Dec |
| “Building Skills, Engagement & Enterprise” | Support, training and skills development - **Youth Enterprise Worker started in March; training and support available** - (contact Lora on 07405 611338 for details) |
| “Young People’s Forum” | Forum to shape and steer youth activities in Plaistow - **initial Project Team formed - Peer Study Group started** |
| **SUPPORTING LOCAL ACTION** | |
| “Supporting Local Action Fund” | Small grants to local groups - six grants approved to date **further grants of up to £2500 available throughout 2016.** |
| “Training & Support to Local Groups & Individuals” | Project Management, and Fundraising Training & Support provided to local groups. Managing & Running Community Arts Projects training run in July 2016. Training grants scheme being prepared. |
2020 VISION?

PSBL members are now working on the Plan for how to use our funding over the 3 years leading into 2020, which will be the halfway mark of our Big Lottery funding.

How do you think we’ve done so far, in our first 2 years?
What could we do better, or new?
What local needs or issues do YOU think we should be addressing?
Should we spend money on local community buildings? Should we keep our small grants scheme? Are green spaces the priority, or young people, or older people... or all three, or something else entirely?

We are led by local residents and their views. There are two primary ways you can have your say.

There is a short survey (10 minutes max) which you can complete online, on the phone or in person. Online it can be accessed at https://www.surveymonkey.co.uk/r/PlaistowSouthBigLocal

Or email/call us and we’ll arrange to complete the survey with you personally (see back page for contact details).

We also have an Open Forum meeting on Thursday 10th November, 6:30-8pm at The Mix, 1a Cumberland Road - come along, and tell us how to spend the money!

HELP FEED LOCAL PEOPLE IN CRISIS

Please donate an item or two—e.g. tinned food, cereals, UHT milk, tea bags/instant coffee, rice, pasta, snack bars.
Drop your donation in at Rehoboth Church, 478 Barking Road E13 8QB - open on Saturdays 9-11am or tel 07951 612405

VOLUNTEER WITH PSBL

Making all this happen relies on teams of volunteers! We’re always looking for new people to volunteer to help with our various ‘task groups’. Could you help us in planning or running the Plaistow Youth Market, helping on our green spaces or arts projects, promoting our Money Issues initiatives, or anything else? Give us a call or email for a chat about where you might volunteer (see back page).

Together anything is Possible!

NEWHAM’s MILLION MILES TOGETHER

The Newham Million Miles Together is a community building, healthy living and physical activity campaign for all those who live, work or are in education in the London Borough of Newham to come together to collectively achieve a million miles of activity in 100 days. Any form of physical activity done anywhere, will count towards the target.

An “active, community building, healthy living” inter-Neighbourhood Challenge; an entirely inclusive opportunity for anyone who is living, working or learning in any part of Newham, to become more physically and socially active.

The Challenge aims to use the need that Newham has for its people to become not only more physically active but also more involved with their neighbours and local communities to unite each Neighbourhood behind the single common community goal of Newham completing one million miles of physical activity within 100 days.

Participants will be able to convert any activity, sport or pastime of their choosing and through the Million Mile Challenges online support platform, have it converted into miles and added to their Neighbourhood’s total. The Challenge will be supported and delivered centrally through the same online platform used to support the community engagement programmes for London’s 2012 Olympics and Paralympics and Glasgow’s 2014 Commonwealth Games.

Registration opened in September and the Challenge officially started at the beginning of October, so there’s no time to lose! The Challenge finishes on Sunday 8th January 2017.

To register to participate go to https://newham.million-miles-together.org/
Please email: syed.haque@newham.gov.uk for further information.
PSBL has funded 2 innovative arts-based projects working with schools and community on ideas for imagining how the Greenway might be enhanced with public art installations. Our hope and plan is that, over the next few years, some of these ideas will be translated into full scale reality!

Artist Madhumita Bose-Thomas worked with Brampton Manor students early last term, and is now running workshops with patients, staff and visitors at Newham University Hospital. Here are some of the fantastic designs the students came up with:

An exhibition of Brampton students’ models will be on display at Plaistow Library (North Street) in November.

Rosetta Art Centre ran a series of workshops at Kaizen Primary School in the summer term with 15 children aged 9 - 10 year olds participating in six 3D model art making workshops. During the autumn term Rosetta Art Centre will continue to deliver workshops to two other local schools using clay to create visual reliefs of the Greenway. Here are some of the superb models made by Kaizen pupils:

The Primary students’ work will culminate in an exhibition and awards event at the end of the year.
COME AND ’AVE A GO IF YOU THINK YOU’RE ARTY ENOUGH!

The South Plaistow Arts Hub is up and running! Funded by PSBL and a grant from the Postcode Lottery gained by Memorial Community Church, sessions are organised by Rosetta Art Centre and run by local artists. Everyone welcome, regardless of skill levels - everyone is arty enough!

Here are some photos from the first few sessions:

MURAL ARTS TRAIL

In Spring next year we will be mounting our full 100 metre community mural on the hospital outbuildings along Glen Road. Would you like to preview a selection of this work, people of all ages and backgrounds, from schools, colleges, youth clubs, hospital patients, staff and visitors, and wider community members?

Some of the 75 boards which will make up the mural will be on display in November at Memorial Community Church’s Tower Gallery, Plaistow Library, NewVIC and Kaizen Primary School.

This mini ‘Arts Trail’ will be launched along with our “Growing Up In Plaistow” exhibition as part of Newham Heritage Week - see ad on back page.

For up-to-date details of the trail, see our website www.plaistowsouthbiglocal.org.uk or call 07920 101740 for more info.
Several hundred people shopped at our Summer Plaistow Youth Market on the Greenway at the beginning of September, exploring 23 stalls run by young (and some not so young) entrepreneurs selling a wide range of their creative produce.

Opened by local MP, Lyn Brown, the average age of lead stallholders at this PYM was 25, and they were joined by information stalls from PSBL, Money A+E, and the Council’s Plaistow Neighbourhood team, along with Dr Bike’s cycle repair workshop and the Met Police’s Safer Neighbourhood Team.

Around 50 young people in all were involved in running stalls, and we had a team of 16 volunteers, mainly from PSBL and NewVIC, managing the event. Cornerstone Café ran their usual drinks stall, and Victory Youth Group organised a DJ and showcase of young performers, providing entertainment for an hour and a half of the event. More photos from the event can be found on the PYM Facebook page: https://www.facebook.com/PlaistowYouthMarket/

The purpose of PYM is to support and encourage young people’s and young adults’ enterprise, providing opportunities to hone marketing and other business skills, and to raise the positive profile of young people and of south Plaistow, and to bring the community together.

We would like to say THANK YOU to all involved in the organisation of the market and those who came along to help during the market day. A special THANK YOU to our visitors and traders who stayed till the end to help pack up everything. It was an exhausting but rewarding experience and we can’t wait for the next market!

PSBL currently covers the majority of the costs of PYM, including giving bursaries to under 21 year old entrepreneurs to cover part of their expenses, which means that they can make mistakes and learn from them without the fear of losing all of their investment. We are looking for local business sponsors to take on this role.

Our next market will be on Saturday December 3rd at Newham Sixth Form College (NewVIC), Prince Regent Lane, from 11am to 2:30pm. Come along and check out all that the traders have to offer.

If you would like to take part, as a trader or a volunteer, please contact us at lora@plaistowsouthbiglocal.org.uk.

This is a fantastic way to meet new people, gain new skills and have a great time.
VOLUNTEER STORIES

Two of our regular adult volunteers, who are also PSBL Steering Group members, say what inspires them to engage with the Plaistow Youth Market.

‘I love volunteering. Volunteering has been a part of my life in Plaistow. I do it because it gives me a sense of involvement in the community interacting with the wider public, and letting people know of the great work the young people are doing, how creative they are, and are learning new skills all the time.

So, long may the PYM continue, and with the support of PSBL make it all so special. As a member of the Steering Group, I always want to be part of it and always want to help, being in the stalls on the days to talk to people and tell them about all of what PSBL is doing.

It’s been a pleasure being a member of PSBL, because in my opinion there will be a legacy one will look upon and say “This was done by PSBL” and the young people will play a big part in it.’

Phyllis Grant

Emily - a first-timer’s tale

“On Saturday 3rd September I had my first ever craft stall at PYM on the Greenway. I found out about the market via PSBL because I have volunteered with them on a couple of projects.

Although I don’t consider myself a crafter (I have no business cards or even a name for my stall ) I’ve loved art & design for as long as I can remember. I’ve just started at sixth form studying product design as one of my A levels. I often make presents for family & friends so I thought I could maybe try a stall myself.

I had to fill out a simple form to apply. Everything was really well organised and the staff were helpful & supportive. I even was able to claim a £25 bursary to help me stock & decorate my stall ( under 21s only ).

My friend helped me on the day as its good to have someone with you so you can have a break, get food/drink or a chance to shop at the other amazing stalls.

My mum reminded me to organise a float in case people didn’t have any change - this is helpful as it stops you losing sales and take some bags if you have any.

I enjoyed my day, I meet some great people and learned loads. I’ve even been invited to have a stall at another local market as a result.

I would certainly do this again, thanks PSBL.”

Emily Cornuaud

Razia - a regular’s tale

Razia was always creative ever since she can remember. She used to draw and design a variety of things, making clothes, jewellery for dolls and table lamps using things that people threw away. She never thought that her hobby would become a business, but has now run a stall at all 5 PYMs!

“I am very proud that I did it because young people get inspiration from this and I can trust myself that if I want I can be a businesswoman too”.

She creates her products mainly with beads and wool, making bags, mobile case and other showpieces such as fruits and fruit baskets.

“As a family, we used to make these as a hobby. Because we enjoyed it, we decided to turn our hobby into a business.”

Razia makes all her products by hand and all the family gets involved.

“I make it at home. This is a place where me, my sister and mum can come together and use our creativity. Being together allows us to help each other when we need it. This makes our family closer “

Razia’s advice for anyone thinking of staring a new adventure: “I have learned that creativity starts from an idea. An idea is valuable regardless of how much people say it’s crazy or bad. When the Wright brothers made the first plane people thought they were crazy. Look at how they have changed the world! Maybe one day what I do will make a bigger difference to people around me”.

Razia Labiba

You can meet Razia at our next PYM at NewVic in 3rd December from 11am-2pm or you can contact her to buy her amazing products

Email address: razialabiba2@gmail.com Follow her on twitter on: https://twitter.com/razia_labiba

Linkedin: https://uk.linkedin.com/in/razialabiba-453a0671

STALLHOLDER STORIES

Joyce Baptiste

‘I volunteer at PYM to help the occasion go by smoothly. It is good to see young people trying to do something positive - hopefully it will help build confidence for future endeavours. I enjoyed the day and was able to talk to people about PYM and how they could be involved in PSBL so they could help make decisions about their local community.

Joyce Baptiste

Emily - a first-timer’s tale

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Linkedin: https://uk.linkedin.com/in/razialabiba-453a0671

Plaistow South Big Local

Issue No 9 Autumnnn 2016

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Last issue we showcased our first Green Space Make-Over, carried out at the end of June with the help of Groundwork and a team of volunteers from BNY Mellon, PSBL and residents of Egham Road.

Together we transformed a rough and underused green space into a safe and usable play and community place, by building a living wall planter the whole length of the space alongside the public pavement.

Residents tell us that it has had a major impact on their enjoyment of the space—and they’ve now clubbed together to buy a lawnmower to keep the grass under control!

**Before**

**After**
At the end of August we held a special Children’s Day on the square, engaging 15 young residents, aged between 2 and 12, in planting seeds and herbs in pots which they took home, and learning about their care.

The day culminated in a relay race game involving watering the living wall planter. We’re hoping the children will help their parents keep the planter cared for throughout the year, especially in hot weather!

We’re beginning to line up some further Green Space Make-Overs for next Spring and Summer. Do you have a space near you that could do with a transformation and some TLC? Get in touch and we’ll see what we can do with our partners.
**MONEY ADVICE SESSIONS**

Appointments available on Mondays & Wednesdays at Tollgate Children’s Centre, New City Outreach Centre or Mansfield House (Avenons Rd)

**PLEASE CONTACT US to book an appointment:**

020 8616 3750 - leave a message on the voicemail for a call back
E-mail: info@moneyaande.co.uk
Web: www.moneyaande.co.uk

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**£50 FREE!**

**TOWARDS YOUR SAVINGS!!**

Are you a PSBL area resident?
Do you need some help dealing with money issues?
Open up a Savings account with your local community Credit Union and PSBL will cover initial costs and boost your account!
To benefit from this great incentive scheme, contact Money A+E to sign up now!
Tel: 020 8616 3750
Email: frederick@moneyaande.co.uk

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**Money£££ Know How**

For dates and locations of up and coming workshops contact Jerry or Greg
Mob: 07040 186 587 or 07947 080 893
Email: info@moneyaande.co.uk
www.moneyaande.co.uk

- Achieve your Money Goals
- Get £50 FREE Savings towards A new Credit Union account
- Learn key money skills
- Get local support

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**Issue No 9 Autumn 2016**
✓ Become a Mentor and help people achieve their Money Goals
✓ Get an ASDAN accreditation
✓ Help build the financial resilience of the local community

For dates and locations of up and coming workshops contact Jerry or Greg
Mob: 07040 186 587 or 07947 080 893
Email: info@moneyaande.co.uk
www.moneyaande.co.uk

Looking to secure great deals on loans and everyday purchases?
Visit MoneyWorks at
Unit 61–62 Stratford Centre, London E15 1XF

020 8430 2041 / www.newhammoneyworks.co.uk
**EXHIBITION - GROWING UP IN PLAISTOW**

“I’ve been to many different parts of London but I have not been anywhere I love as much as I love Plaistow” (Magdalene).

The exhibition resulting from PSBL’s ‘Growing Up in Plaistow’ oral history project starts its journey around local venues at the official re-opening of Plaistow Library in North Street (after its major refurbishment) on **Wednesday 26th October, 11am-2pm.** At the same time we’ll be launching our mini “Mural Trail” (see p.5 and check our website for details of venues & times).

The response from local residents to the project has been fantastic. Eastside Community Heritage have interviewed many local residents and have received a diverse range of interesting stories and memories. Additionally, Eastside Community Heritage have been working with local students from the Newham Sixth Form College on a series of oral history training days and reminiscence sessions with groups of older residents. It’s been great to see students engage with their local area and heritage along the way.

There will also be a website and app - visit the PSBL website to find out more!

**GET IN WITH PSBL**

- www.plaistowsouthbiglocal.org.uk
- Plaistow South Big Local
- @PlaistowSouth
- info@plaistowsouthbiglocal.org.uk
- 020 7473 5349 / 07920 101 740
- c/o REIN, 478 Barking Road, E13 8QB

**YOUR LOCAL COUNCILLORS**

**Plaistow South Ward Councillors**

- **Councillor Aleen Alarice**
  - **Surgery:** 2nd and 4th Saturday of the month: 10am-11am
  - **Location:** Barking Road Community Centre, 627 Barking Rd, E13 9EZ
  - **Bus. Phone:** 020 3373 7344
  - **Email:** aleen.alarice@newham.gov.uk

- **Councillor Ahmed Noor**
  - **Surgery:** 1st and 3rd Saturday of the month: 9.30am-10.30am
  - **Location:** Plaistow Library, North Street, E13 9HL
  - **Bus. Phone:** 07960 050 425
  - **Email:** ahmed.noor@newham.gov.uk

- **Councillor Neil Wilson**
  - **Surgery:** 3rd and 4th Wednesdays of the month: 6pm-7pm
  - **Location:** Barking Road Community Centre, 627 Barking Rd, E13 9EZ
  - **Bus. Phone:** 07805 046 902
  - **Email:** neil.wilson@newham.gov.uk